

2020 Ithaca Ballet Summer Dance Program Information

June 29, 2020 - August 7, 2020

Cindy Reid, Program Director

Thank you very much for your interest in the Ithaca Ballet's summer intensive dance program! We have more than 35 years of experience in training dancers with an intensive 6-week or 3-week program that provides a solid foundation in correct, classical ballet combined with modern and jazz classes for added strength, versatility and freedom of movement. This summer will be an exciting opportunity for dancers to develop their dance skills and make new friends in a friendly and nurturing atmosphere.

Dancers from 8-18 years old are welcome; previous ballet training is not required. On the first day dancers will be given an initial placement into *Advanced*, *Intermediate* or *Basic* level depending on dance background and age. The program director will adjust those placements as needed.

All Levels

- ❖ Daily ballet classes plus jazz, modern, and conditioning classes.
- ❖ Workshops in music, stagecraft, nutrition and more
- ❖ Composition class
- ❖ Recreation and swimming
- ❖ Performances at the end of each three week session

Intermediate – Advanced Levels

- ❖ Daily Pointe classes
- ❖ Variations from the Classical repertoire
- ❖ Partnering class

Faculty Includes

Cindy Reid Artistic Director and instructor of intermediate to advanced ballet and pointe, classical variations

Gunilla Lieberman

Rachel Myers

Amanda Moretti

2020 Program Dates & Fees

Six-week session:	June 29 – August 7	\$1000.00
Three-week session I:	June 29 - July 17	\$600.00
Three-week session II:	July 20 - August 7	\$600.00

For all sessions, a non-refundable deposit of \$100.00 is due by June 1 to guarantee your dancer's spot in the program. This deposit will be applied to your program fee.

Please note: all online and credit card transactions will be charged a 3% processing fee per transaction.

We are able to offer a limited number of full and partial scholarships.

Applications due by May 15, 2020

2020 Calendar (Monday –Friday 9:00 AM – 3:00 PM)

June 15	Balance of camp tuition due (6-week session & 3-week session I)
June 29	First day of 6-week session and 3- week session I
July 10	Balance of camp tuition for 3-week session II due
July 17	Last day of 3-week session I. End of session performance in studio at 2:00 PM.
July 20	First day of 3-week session II.
August 7	Last day of summer program. End of session performance in studio at 2:00 PM.

Typical Daily Schedule

9:00 – 10:30	Ballet class <i>Dancers must be dressed and in the studio by 9 AM</i>
10:45-11:30	Pointe class (beginner & advanced), stretch, or character
11:30-1:00	Lunch & recreation
1:00 – 2:00	Modern dance or composition class
2:00 – 3:00	Jazz dance, classical ballet variations, or workshop

Dance Dress Code Requirements

Ballet Class

Girls: Solid colored leotard, pink or flesh colored tights with feet, pink ballet slippers with elastics (and pointe shoes if appropriate). Hair **MUST BE UP** (entire neck must be visible). Bring extra bobby pins, pony tail holders, etc.

Boys: White t-shirt (tucked in), black tights, black ballet slippers with elastic (OR white socks and white slippers).

Ribbons on pointe shoes must be tucked in, on the inside ankle. No dangling ribbons will be tolerated. Ballet slippers must have elastic over the instep.

Jazz Class (all levels)

Same as above. Advanced level will need jazz shoes.

Modern Class (all levels)

Same as above except with FOOTLESS or convertible tights.

Character Class (Intermediate level)

Girls: Character shoes with heels. Full-knee length skirt.

Boys: Boots or shoes with small heel.

NOTE: No skirts, shorts, sweatpants, legwarmers, plastic pants or extras of any kind may be worn in class!

Dancers should bring the following each day

1. Dance attire, hair supplies, hair brush/comb
2. Bag lunch: All dancers must bring their own lunch. There is a microwave in the studio. A counselor will accompany dancers who wish to purchase extra items to the Ithaca Bakery or Shortstop. Dancers wishing to purchase items must bring their own money.
3. Extra water. There is a water fountain in the studio, but if it is hot dancers should have water available for class.
4. Change of clothing or bathing suit for recreation.

Please do not bring expensive electronics or other valuables to the studio as sometimes these things disappear or are damaged.

Camp Rules

1. No one may leave the studio premises unless accompanied by a counselor, parent or adult designated by parent.
2. You must be dressed (with hair up) and ready to begin class at the appointed time.
3. You must adhere to the dress code (see above).
4. No gum chewing in class.
5. Do not share combs and brushes.
6. **KEEP OUR STUDIO CLEAN!** Clean up after yourself by putting bottles and cans in the recycling container; all other refuse in the garbage.
7. **ABSOLUTELY NO FOOD PERMITTED DOWNSTAIRS!**
8. Do not talk about weight among yourselves. Proper nutrition while you are growing is necessary for muscle and bone development. Young dancers should not diet.